

OLDER MEN UNLIMITED HERVEY BAY



"Age is just a number" INCORPORATING
MARYBOROUGH

NEWSLETTER

January 2022

Meetings: Hervey Bay 10.00 am on the 4th Monday of each month

Where: Seagulls Rugby League Ground, 187 Bideford Street, Torquay

Meetings: Maryborough 10.00 am on the 1st Tuesday of each month

Where: Frank Lawrence Circuit, Maryborough Airport (last shed on the right)

Correspondence to: P.O. Box 3031, Hervey Bay, Queensland 4655

Enquiries: Phone 4128 9011

Email: manager@omu.org.au

Web Site: www.omu.org.au

Patron: George Seymour (FCRC Mayor)

Next Meeting 24th January 2022

MANAGEMENT COMMITTEE AND CONTACT NUMBERS

| <u>Position</u> | <u>Name</u> | <u>Phone</u> | <u>Mobile</u> |
|------------------|----------------|--------------|---------------|
| President | Cyril Brown | 4124 6285 | 0448 855 963 |
| Vice President | John Lawrence | 4128 3630 | |
| Secretary | Chris O'Brien | | 0490 188 571 |
| Treasurer | Col Anson | 4128 1538 | 0428 188 403 |
| Committee | | | |
| | Ian Paxton | | 0437 247 816 |
| | Glen Miller | 4121 4724 | 0417 606 874 |
| | George Fox | 4325 3043 | 0417 663 471 |
| | Denis Biddle | | 0414 507 932 |
| Administration | David Hoodless | 4128 9011 | 0438 129 153 |

The Club Rooms are located at Seagulls Rugby League Ground (187 Bideford Street Torquay)

Office open – Monday – Tuesday – Thursday – Friday (8.00 am – 4.00 pm)

Tuesdays 1.30 – 3.30 pm

Afternoon Tea Colin Anson – Phone 4128 1538

Wednesdays 8.00 – 11.00 am

Art Classes – Ray Chesterfield – Phone 4194 7010

Fishing Group – Ray Drysdale Ph: 0472 989 415

Thursdays: 8.00 start Walking Group at Enzo's Esplanade Scarness – See Joe Brakels Ph: 4128 9473

Fridays 8.30 – 11.30 am *Morning Tea, jokes and "used bull fodder"* – Colin Anson Phone 4128 1538

I was laughing so hard, I had
tears running down my legs.



OMU GROUP CONVENERS

| | | |
|--------------------------|-------------------------|---------------------|
| ART | RAY CHESTERFIELD | 4194 7010 |
| CLUB ROOMS | COLIN ANSON | 4128 1538 |
| MARYBOROUGH | GLEN MILLER | 0417 606 874 |
| OUTREACH | DAVID HOODLESS | 4128 9011 |
| RAFFLES | DAVID HOODLESS | 4128 9011 |
| SAUSAGE SIZZLES | JOHN LAWRENCE | 4128 3630 |
| SOCIAL ACTIVITIES | SIMON SWEETNAM | 4194 1721 |
| WALKING GROUP | JOE BRACKELS | 4128 9473 |

REPORTS

PRESIDENT'S

Our Christmas Party went very well with 143 people attending and totally enjoying the food, the entertainment and the atmosphere. Best Dressed went to one of Santa's elves Susan Goodall (Female) and Noel Spethman (who looked like he spilt trifle down the front of his shirt – Male)

CYRIL BROWN

ART GROUP

No report this month because of the Christmas break. The group has started back every Wednesday morning – commencing 19th January.

OUTREACH

Our Outreach is looking for some new blood – we appear to have forgotten the main reason for OMU. We desperately require some more members to put their hand up to help out. Also, we are looking for a member to assist David to organising the rosters. The age care places require members who have had their COVID19 vaccinations, their flu shot and a police check. The cost of your police check and your travel will be reimbursed. For more information, please talk to David – 4128 9011. Your time to assist others is sincerely appreciated – thank you.

DAVID HOODLESS

CLUBROOMS – REPORT FOR NOVEMBER AND DECEMBER 2021

218 Members attended the Club Rooms for November and 70 Members for December. Melbourne Cup 2021 in November and Clubroom Christmas Party in December.

COL ANSON

WALKING GROUP



The walking group is up and walking every Thursday morning using Enzo's at Scarness as the starting point. You walk at your pace – stop and rest when you want to – have a chat – enjoy the fellowship and perhaps have morning tea after to appreciate where we live. Phone Joe 412809473 – **JOE BRACKELS**

MARYBOROUGH GROUP

I thought I would start off the 2022 year by reporting on some of the activities the Maryborough members conducted during 2021.

Frank Grant and Peter Sawtell put together some interesting figures which reflect the level of commitment our members have to OMU.

They are as follows:

151 days at the clubhouse for a total 1457 member visits at \$4.00 each = \$5,828.00,

Sales generated by the workshop = \$2,176,00,

18 Sausage Sizzles at Bunnings generated sales of \$9,972.00,

Funds generated by empty bottles and cans = \$2,524.00,

Funds generated by scrap metal/batteries = \$118.45,

Garage Sale income = \$371.00,

For a small group, we have certainly generated a healthy amount of money to be applied to activities and projects that benefit our members.

Other achievements:

Bunnings Sausage Sizzles - Out of a membership of 40, 21 members participated in making these events happen.

The walking group has grown from five members to eight.

Every second Tuesday is now a "Camp Oven Cooking Day" with the Butchulla men at their Ravens Hill property with an average of 6/8 OMU members attending.

The monthly bus trips continue to be very well patronised, but finding new places to visit is becoming a challenge.

Covid restrictions have dramatically changed the Outreach program, but we continue to try to make visits.

I believe we can look back at 2021 with a high degree of satisfaction at what we have achieved and be confident that we will repeat or better it during 2022, for our members.

More from Maryborough

Outreach figures, 16 residents were visited by 4 OMU volunteers for the month of December. The bus trip to Woodgate went well, morning tea was at Howard, members enjoyed the reptile park. Later, off to Woodgate for a great pre-Christmas lunch. Of course, we had a stop at Childers on the way home for the Mammino's ice cream to top off our last bus trip of 2021.

The walking group in Maryborough kept on going on through the Christmas and New Year break, the recent flooding in Maryborough, made us alter our usual walk, but the walkers enjoyed the social part of this activity, not to mention the usual breakfast to follow. Rex K comes for breakfast, members who wish not to walk or are unable to are very welcome to join this group for





GLEN MILLER



Boys With Toys

My name is Steve. I have been with OMU Maryborough for about 3 years. My other interest is Classic Motorcycles and old cars. I started riding when I was 16 and my first bike was an old 250 cc Suzuki, then a 650cc Triumph, a 750 Suzuki and finally an 850 Norton Commando which I kept for 35 years.

After I was forced into retirement at 50, due to vision impairment, I sold my Norton and started buying other motorbikes. Current ownership runs to 5 complete motorbikes and 2 project bikes, which are in various stages of re-build. Added to that is a 1953 Austin A30 Panel van. Despite having all of these vehicles, my only mode of personal transport is an electric bicycle.

I enjoy the OMU and the camaraderie which I find there



I'm just saying.....

He said to me. I don't know why you wear a bra; you've got nothing to put in it. I said to him. You wear pants, don't you?

He said to me. Shall we try swapping positions tonight?

I said to him. That's a good idea - you stand by the stove and sink while I sit on the sofa and do nothing but fart.

He said to me. What have you been doing with all the grocery money I gave you?

I said to him. Turn sideways and look in the mirror!

He said to me. Why don't women blink during foreplay?

I said to him. They don't have time.

He said to me. How many men does it take to change a roll of toilet paper?

I said to him. I don't know; it has never happened.

He said to me. Why is it difficult to find men who are sensitive, caring and good-looking? I said to him. They already have boyfriends.

He said to me. What do you call a woman who knows where her husband is every night?

I said to him. A widow.

He said to me. Why are married women heavier than single women?

I said to him. Single women come home, see what's in the fridge and go to bed. Married women come home, see what's in bed and go to the fridge.



BIRTHDAY BOYS – DECEMBER / JANUARY

| | | |
|------------------|----------------|--------------|
| December: | Bill Grech | Woody |
| Rod Paroz | Ken Callinan | Rick Waldron |
| Ray Chesterfield | Richard Shale | |
| January: | Craig Sweetman | Peter Wells |
| Laurie Bates | Ken Kemp | Ken Green |
| Richard Barkess | Bill Liston | Graham Platt |
| Buddy Lohmann | Gerry Schrama | Ken Hall |

NEW MEMBERS – DECEMBER / JANUARY

Peter Loth



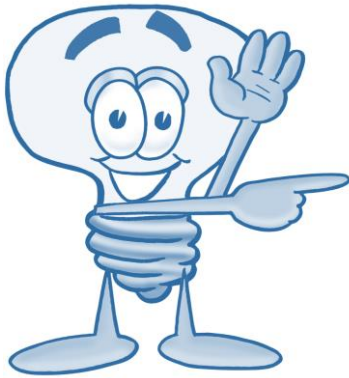
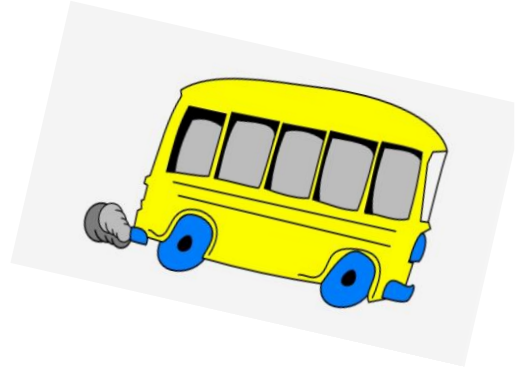
I DON'T DO DRUGS...



I GET THE SAME EFFECT BY STANDING UP EAST!

BUS TRIPS

We are looking at re-introducing the bus trips and at this stage the first one will be on the 3rd Tuesday (15th) February however this will be reviewed because of the uncertainty of what restrictions may be in place because of Covid. Stay tuned and for more information please contact Denis 0414 507 932 or Ian 0437 247 816



If you have information that you would like included in our monthly newsletter, please pass it on to David (in the office) manager@omu.org.au or phone 4128 9011. If you know of someone including yourself who would love to help out with this publication? Please contact David. Your assistance would be greatly appreciated.



Photo of the month



Not fast food but a smile, a friendly chat and a meal

www.mowfc.org.au

We'll bring in the mail, offer a hand or call help if it's needed.

OPEN TO ALL –
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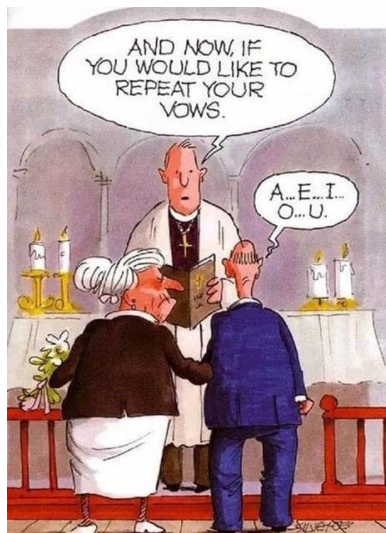
More than just a meal

BIG DISCOUNTS AVAILABLE TO HOME CARE PACKAGE CLIENTS

CALL OUR FRIENDLY TEAM TODAY

39A Islander Road, Hervey Bay – 4128 1334
167 Churchill Street, Maryborough – 4121 4297





HOW MUCH DO YOU KNOW ABOUT AUSTRALIA?

- 1 What Australian animal did the UK think was a prank? (UK scientists thought the Aussies had stitched a duck’s bill onto a rat!)
- 2 Which Australian animal IS a prank?
3. Where in Australia can you find Quokkas?
4. How long is the biggest saltwater crocodile ever caught in Australia?
- 5 What was its name?
6. True or False: Dingoes can bark?
- 7 What is a baby kangaroo called?
- 8 Which leaf constitutes most of a koala’s diet?
9. What is the collective noun for a group of Kangaroos?
10. True or False: Wombats have square poop?

10/10 = Excellent 7/10 = Not bad 5/10 = Not sure 3/10 = Really?
 Looking at the answers first – take a good look at yourself in the mirror.

| | | | |
|-----------------------|---------------------|------------------------|---------|
| 7 A joey | 8 Eucalyptus leaves | 9 A Mob | 10 True |
| 4 6.17 m (20 ft 3 in) | 5 Long | 6 False | |
| 1 A Platypus | 2 Dropbears | 3 Rottnest Island (WA) | |



Have you ever wondered what the difference is between Grandmothers and Grandfathers? Well, here it is:

There was this loving grandfather who always made a special effort to spend time with his son's family on weekends. Every Saturday morning, he would take his 5-year-old granddaughter out for a drive in the car for some quality time pancakes, ice cream, lollies - just him and his granddaughter. One particular Saturday, however, he had a terrible cold and could not get out of bed. He knew his granddaughter always looked forward to their drives and would be very disappointed. Luckily, his wife came to the rescue and said that she would take their granddaughter for her weekly drive and breakfast. When they returned, the little girl anxiously ran upstairs to see her grandfather who was still in bed. "Well, did you enjoy your ride with grandma?" he asked. "Not really, Poppy, it was boring. We didn't see a single arsehole, queer, piece of shit, horse's arse, socialist left wing Shorten lover, blind bastard, dipshit, or son of a bitch anywhere we went!" "We just drove around and Grandma smiled at everyone she saw. I really didn't have any fun". Almost brings a tear to your eye, doesn't it?

WIFE VS. HUSBAND

A couple drove down a country road for several miles, not saying a word. An earlier discussion had led to an argument and neither of them wanted to concede their position. As they passed a barnyard of mules, goats, and pigs, the husband asked sarcastically, 'Relatives of yours?' 'Yep,' the wife replied, 'in-laws'

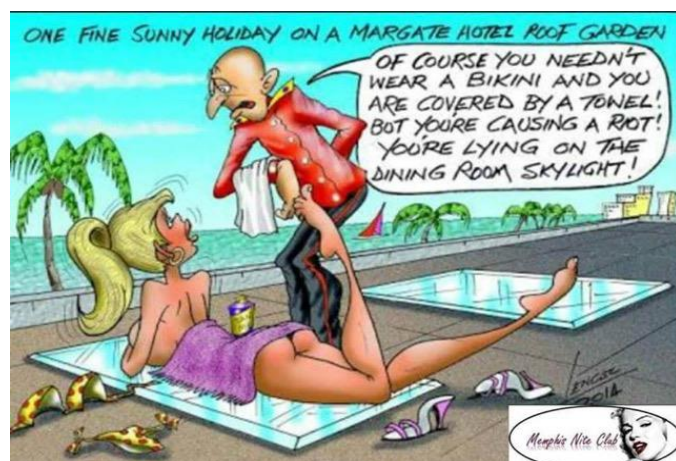
A husband read an article to his wife about how many words women use a day 30,000 to a man's 15,000. The wife replied, 'The reason has to be because we have to repeat everything to men...

The husband then turned to his wife and asked, 'What?'




I AM NOT OLD
I woke up,
I lifted my arms,
I moved my knees,
I turned ny neck...
Everything made the same noise:
Grrrrrrrrrrraaaaaaaacccccckkkkk!'

.....I came to a conclusion:
I am not OLD
I am CRISPY!




THANK YOU – Local businesses that support OMU. Without this support OMU would not be able to provide the level of support that we now do. This is a way that communities survive and prosper by all of us supporting each other.

OMU sincerely appreciates your enthusiasm and commitment with the support you provide.



TORQUAY HOTEL
HERVEY BAY



Darren Carter
General Manager

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Want to read this Newsletter in brilliant colour? You can you know – receive it by email or go to our new web site www.omu.org.au, if you want it emailed, please let David know what your email is and you will receive it in glorious colour. "Too easy".

NEXT MORNING TEA MEETING

28TH FEBRUARY 2022 – SEAGULLS FOOTBALL CLUB

187 BIDEFORD STREET

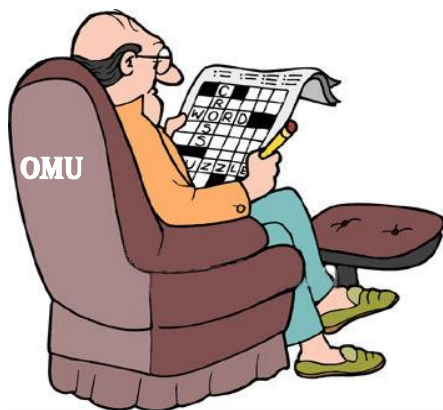
10.00 AM

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Take a deep breath and relax for a couple of minutes.
See how you go this time – 25 words to find.



| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | U | R | T | E | S | P | R | E | S | S | O | P | C |
| O | N | T | O | N | M | A | T | S | T | A | A | A | R |
| A | D | E | T | T | A | L | B | S | O | U | T | N | U |
| S | E | C | F | R | U | S | T | P | M | S | M | C | M |
| T | I | U | R | F | C | R | S | E | A | A | E | A | E |
| R | R | A | G | U | S | A | U | I | T | G | A | K | D |
| U | M | P | P | N | M | A | N | G | O | E | L | E | A |
| G | U | P | A | B | U | P | J | A | M | R | T | S | L |
| O | F | B | S | S | G | G | E | S | E | S | C | R | A |
| Y | F | A | T | O | S | L | A | T | O | K | A | S | M |
| O | I | C | R | U | P | E | T | S | S | J | L | E | R |
| G | N | O | Y | P | N | U | T | S | A | T | U | I | A |
| U | S | N | A | R | B | G | R | A | N | O | L | A | M |

- There are 25 words to find this time –
- APPLE
 - BACON
 - BRAN
 - BUTTER
 - CROISSANT
 - CRUMPET
 - EGGS
 - ESPRESSO
 - FRUIT
 - GRANOLA
 - JAM
 - LATTE
 - MANGO
 - MARMALADE
 - MILK
 - MUFFINS
 - NUTS
 - OATMEAL
 - PANCAKES
 - PASTRY
 - SAUSAGE
 - SUGAR
 - TOAST
 - TOMATO
 - YOGURT



HOW IS YOUR MIND AND READING?

Can you meet this challenge?

If you can read this OUT LOUD you have a strong mind.

And better than that: Alzheimer's is a long, long way down the road before it ever gets anywhere near you!

7H15 M3554G3 53RV35 7O PR0V3 HOW OUR MIND5 C4N D0 4M4ZING 7HING5!

1MPR3551V3 7HING5! 1N 7H3 B3GINNING 17 WA5 H4RD BU7 NOW, ON 7H15 LIN3 YOUR MIND IS R34DING 17 4U70M471C4LLY W17H0U7 3V3N 7HINKING 4B0U7 17, B3 PROUD! 0NLY C3R741N P30PL3 C4N R3AD 7H15!

ANSWER:

THIS MESSAGE SERVES TO PROVE HOW OUR MINDS CAN DO AMAZING THINGS! IMPRESSIVE THINGS! IN THE BEGINNING IT WAS HARD BUT NOW, ON THIS LINE YOUR MIND IS READING IT AUTOMATICALLY WITHOUT EVEN THINKING ABOUT IT, BE PROUD! ONLY CERTAIN PEOPLE CAN READ THIS.

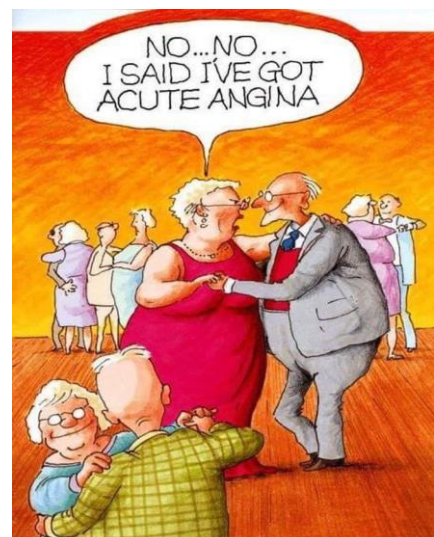
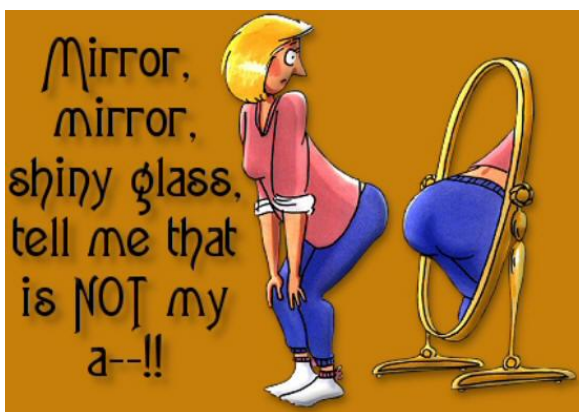
WHAT ABOUT THIS ONE?

Can you read this? Only 55 people out of 100 can.

I cdnuolt blveiee that I cluod aulacly uesdnatnrd what I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in what oerdr the ltteres in a word are, the olny iproamtnt tihng is that the frsit and last ltteer be in the rghit pclae. The rset can be a taotl mses and you can still raed it whotuit a pboerlm. This is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the word as a wlohe. Azanmig huh? Yaeh, I awlyas tghuhot spleling was ipmorantt!

ANSWER:

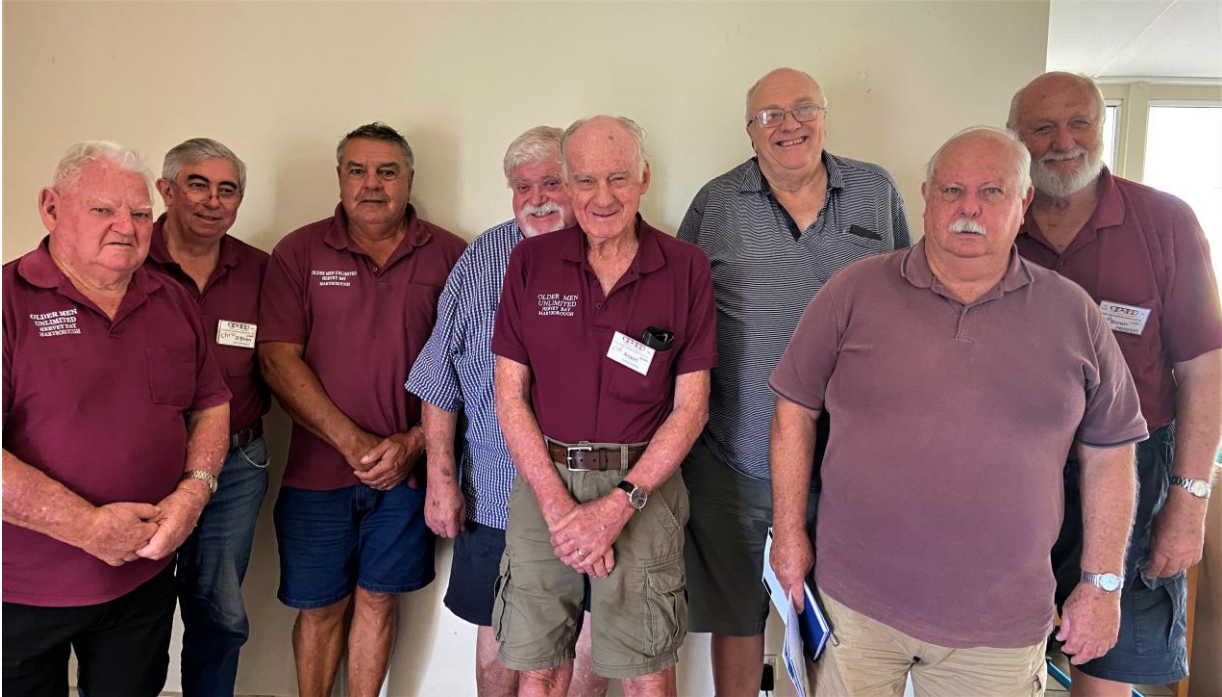
I COULD NOT BELIEVE THAT I COULD ACTUALLY UNDERSTAND WHAT I WAS READING. THE PHENOMENAL POWER OF THE HUMAN MIND ACCORDING TO A RESEARCH AT CAMBRIDGE UNIVERSITY, IT DOESN'T MATTER IN WHAT ORDER THE LETTERS IN A WORD ARE, THE ONLY IMPORTANT THING IS THAT THE FIRST AND LAST LETTER BE IN THE RIGHT PLACE. THE REST CAN BE A TOTAL MESS AND YOU CAN STILL READ IT WITHOUT A PROBLEM. THIS IS BECAUSE THE HUMAN MIND DOES NOT READ EVERY LETTER BY ITSELF, BUT THE WORD AS A WHOLE. AMAZING HUH? YEAH, I ALWAYS THOUGHT SPELLING WAS IMPORTANT.



OMU Committee for 2021 - 2022

From Left to right:

George Fox, Chris O'Brien (Secretary), Glen Miller, John Lawrence (Vice-President), Col Anson (Treasurer), Ian Paxton, Denis Biddle, Cyril Brown (President)



OMU proudly and generously supported by the Queensland Government.

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