

OLDER MEN UNLIMITED HERVEY BAY



"Age is just a number"

NEWSLETTER

INCORPORATING
MARYBOROUGH

September 2021

Meetings: Hervey Bay 10.00 am on the 4th Monday of each month

Where: Seagulls Rugby League Ground, 187 Bideford Street, Torquay

Meetings: Maryborough 10.00 am on the 1st Tuesday of each month

Where: Frank Lawrence Circuit, Maryborough Airport (last shed on the right)

Correspondence to: P.O. Box 3031, Hervey Bay, Queensland 4655

Enquiries: Phone **4128 9011**

Email: manager@omu.org.au

Web Site: www.omu.org.au

Patron: George Seymour (FCRC Mayor)

Morning Tea Meeting 27th September 2021

Guest Speaker: Melanie Ryan (Qld Police)

MANAGEMENT COMMITTEE AND CONTACT NUMBERS

| <u>Position</u> | <u>Name</u> | <u>Phone</u> | <u>Mobile</u> |
|------------------|------------------|--------------|---------------|
| President | Cyril Brown | 4124 6285 | 0448 855 963 |
| Vice President | John Lawrence | 4128 3630 | 0487 292 364 |
| Secretary | Chris O'Brien | | 0490 188 571 |
| Treasurer | Col Anson | 4128 1538 | 0428 188 403 |
| Committee | | | |
| | Ray Chesterfield | 4194 7010 | 0409 373 836 |
| | Joe Endres | 4125 1142 | 0403 619 070 |
| | Glen Miller | 4121 4724 | 0417 606 874 |
| | George Fox | 4325 3043 | 0417 663 471 |
| Administration | David Hoodless | 4128 9011 | 0438 129 153 |

The Club Rooms are located at Seagulls Rugby League Ground (187 Bideford Street Torquay)

Office open – Monday – Tuesday – Thursday – Friday (8.00 am – 4.00 pm)

Tuesdays 1.30 – 3.30 pm

Afternoon Tea Colin Anson – Phone 4128 1538

Wednesdays 8.00 – 11.00 am

Art Classes – Ray Chesterfield – Phone 4194 7010

Every 1st & 3rd Wednesday – 1.00 pm – 3.00 pm

Fishing Group – Ray Drysdale Ph: 0472 989 415

Thursdays: 8.00 start Walking Group at Enzo's Esplanade Scarness – See Joe Brakels Ph: 4128 9473

Fridays 8.30 – 11.30 am Morning Tea, jokes and "used bull fodder" – Colin Anson Phone 4128 1538

OMU's AGM – Monday 25th October

OMU's next AGM is fast approaching so it is time to think about who you would prefer to represent you on the next Management Committee – maybe YOU! Give it some thought as you may have skills and experience that will continue to move OMU forward.

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OMU GROUP CONVENERS

| | | |
|--------------------------|-------------------------|---------------------|
| ART | RAY CHESTERFIELD | 4194 7010 |
| CLUB ROOMS | COLIN ANSON | 4128 1538 |
| FISHING GROUP | RAY DRYSDALE | 0472 989 415 |
| MARYBOROUGH | GLEN MILLER | 0417 606 874 |
| OUTREACH | DAVID HOODLESS | 4128 9011 |
| RAFFLES | DAVID HOODLESS | 4128 9011 |
| SAUSAGE SIZZLES | JOHN LAWRENCE | 0487 292 364 |
| SOCIAL ACTIVITIES | SIMON SWEETNAM | 4194 1721 |
| WALKING GROUP | JOE BRACKELS | 4128 9473 |

REPORTS

PRESIDENT'S

Well Ann and I are back from our wanderers! I must thank John for stepping in while I was away, no doubt he told dubious tales about our adventures. Anyway, we all know about John's use of the English language.

David Hoodless now has our organisation in great shape after a difficult start to his appointment. He has presented his first year's financial statements for audit. As you will see things now look very different to the old system. Things are looking very healthy for the 21-22 year ahead. Thank you, David for a job well done.

We are now hoping to encourage new members to join our organisation, although we are just about our numbers steady + or – we need to look for a future that is encouraging both younger and older men. It is everyone's interest to bring prospective new members.

The bus trips are going well; although small they are much enjoyed by those who attend. More people are enjoying the "Grub Club" so think about going out for lunch with fellow members.

The fishing group are now becoming more active, ably convened by Ray Drysdale. Their fishing spots are now getting wider afield, however may I suggest that you always check that Op Shops are close at hand as it is rumoured that some members like to swim with the fish as well as catch them!

This is my last report before the end of our club year with the AGM on Monday 25th October (next month) so please consider who you would like to represent you or better stand for the next committee.

Lastly, a great thanks to all those members who step up and willingly give their valuable time working for us. BBQ boys at the markets and also at Seagulls. Organisers for the different activity groups. Also, our catering group ably convened by Col, who makes sure

that we always have plenty to eat at our meetings as well as Tuesday afternoon tea and Friday morning tea.

Next year the paper trail will get harder to handle, and food safety will have its own paper work which must be attended to at all functions, this includes all our food prep here.

Keep safe and look after yourselves and each other, and don't forget to ask "RUOK" (Are you OK?)

Best Regards Cyril Brown

ART GROUP

The Art group went to lunch the week of the Touch Football Carnival and we had a great response as the photos show.

The Art Group is going along nicely, we have increased our group however there is always room for more. Still Wednesday morning, no art skills required, everything supplied including a fantastic morning tea. So come along and join in.



RAY CHESTERFIELD

OUTREACH

The Outreach this month has been a bit of a mixed bag. One facility had a lockdown, another changed its visiting day and another had to be cancelled because of some members feeling unwell. Thanks to those who did visit – the feedback I receive from the homes is that the visits are greatly appreciated by all. Anybody who is interested with getting involved with this rewarding activity please let me know (David 4128 9011)

DAVID HOODLESS

CLUBROOMS / SEAGULLS CATERING

174 Members attended the Club Rooms for August 2021. The next Club Room event coming up is Melbourne Cup on 2nd November.

Wives and partners are invited more information will be given in October and numbers taken.

Do not forget to sign in with \$2.00 in the tin on Friday and \$1.00 on Tuesday.

Seagulls Catering Report

Seagull's catering has finished for the year. I wish to thank all the members who helped in any way including the Pier Market Helpers some members worked at both.

By the time you read this you would have been at the party on the 23rd September.

COL ANSON



WALKING GROUP



JOE BRAKELS

The walking group is up and walking every Thursday morning using Enzo's at Scarness as the starting point. You walk at your pace – stop and rest when you want to – have a chat – enjoy the fellowship and perhaps have morning tea after to appreciate where we live. Phone Joe 412809473



SOCIAL GROUP-DINING - Brunch with Beach Bums

Another month has come by and we have dined well in a multitude of venues. The Hervey Bay RSL was great except we were sat in the far corner of the Dining Room. Obviously, our reputation has gone before us. Things can get hectic at times, but in a good way.

But the pinnacle of dining was reached today, with the "Brunch on the Beach", a rival to the Seafood Festival, without the seafood. A veritable cornucopia of delights. It was well attended by 13 hearty souls who braved the chilly windy Melbourne/Bathurst conditions to dine on special corned meat prepared by Master chief Denis Biddle and special roast chicken compliments of 'Fresh and Save'. I myself knocked up a couple of salads to complete the menu. Barry the Bin Chicken and 3 of his mates turned up and seemed to prefer Denis's corned meat. Lift your game "Fresh and Save". Maybe they – The bin chickens- recognised one of their mates amongst the birds. – Only joking. I did over cater a bit so by the time you read this you will have helped out with the oversupply. So until we "meet" again "bon appetite"

J.B.L

MARYBOROUGH GROUP



Firstly, Outreach details, due to lack of support, Yaralla Nursing Home was cancelled this month, the members that visit were not available. Chelsea was visited by 2 volunteers, Fairhaven, forgot we were coming, as OMU was not advertised in their monthly newsletter of activities, so another event was taking place that morning. Groundwater visit is now on the 3rd Wednesday afternoon of the month. One chap has a workshop that day, he was making a potting table, it will later be painted, a nice afternoon, where 2 members visited 3 residents. So, for this month 4 volunteers visited 11 residents. The walking group is still going strong, everyone is getting fit, enjoying chatting and tucking into breakfast to round off a great social morning and all stories told are true. The photos are of our town walk. Until next time, cheers, Richard.



This month saw Maryborough members enjoy a three-night fishing trip to Bottle Creek, a tributary of Baffle Creek, north of Bundaberg. They enjoyed comfortable accommodation at Bottle Creek Farm and though the fish were reluctant to cooperate, everyone had a good time. Highlight was a day trip to 1770, Agnes Water and Round Hill Head. Some members had not been there for many years and were astounded at the high level of urbanisation that has happened in the last 30/40 years. The monthly day trip saw us visit Tandora, the Titmarsh family property, on the confluence of the Mary and Susan Rivers. Gerald Wyatt gave us a demonstration of his skills as a cattle classifier and talked about the features of the animals by which he can tell what is happening with each beast. It was an introduction to a very complex subject and had everyone's attention.

The workshop has been busy with the refurbishment of the old Pharmacy trolley for the Hospital Museum. It was given a tidy-up, wheels repaired and old paintwork coated with clear varnish to preserve the many years of wear and tear. The Museum ladies will be very happy with the result.

Next month, October, we are going to do something different for our morning tea meeting and travel to member Ken Green's place to enjoy his hospitality. Ken and his wife are members of a caravan/motorhome organisation and often host meetings/getaways at their place and have kindly invited OMU to have a meeting at their place. The morning tea/meeting is open to all OMU members from Hervey Bay and Maryborough so we are hoping for a big turnout. David Hoodless has printed a Flyer about the day. So, look out for it at both clubhouses. See you at Ken Green's place on Tuesday 5th October.

GLEN MILLER - CONVENOR

ITEMS FOR SALE: Hand Made or Donated

Rocking Scooter \$80.00



Train \$10.00

Wheel Barrow \$80.00





Wishing Well \$80.00



Laundry Trolley \$40.00



Chess Board \$15.00

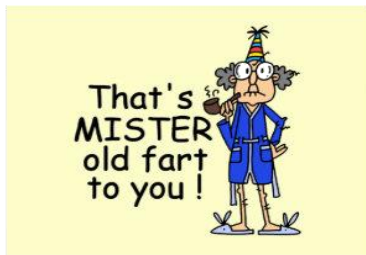


Coffee table \$50.00

Please Ring Frank 0490 478 193

BIRTHDAY BOYS – SEPTEMBER

- | | |
|------------------|--------------|
| Terry Chapman | Jim Barrett |
| Richie Tottman | Ken Simmons |
| Des Langford | Joe Endres |
| Charlie Wondrock | Steve Borbas |
| Chris O'Brien | |



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NEW MEMBERS – AUGUST / SEPTEMBER

- | | | |
|---------------------|----------------------|----------------------|
| Eddie Turner (MB) | Peter Reeders (HB) | Ross Tulloch (HB) |
| Bill Grech (HB) | Craig Sweetman (HB) | Peter Catherall (HB) |
| Terry Fleming (HB) | Richard Walrond (HB) | Brian Williams(HB) |
| Andrew Pomeroy (HB) | | |



BUY, SELL & GIVE AWAY

FREE

Give away – Shower Chair great condition hardly used needs a new home – contact David 4128 9011

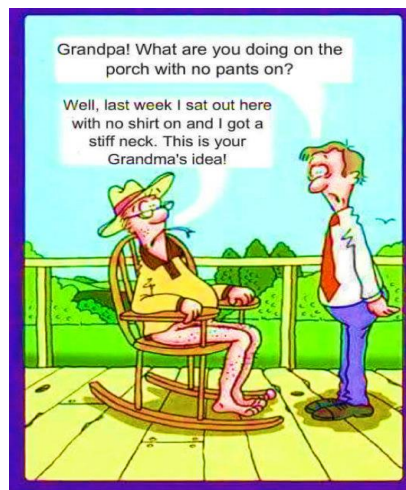
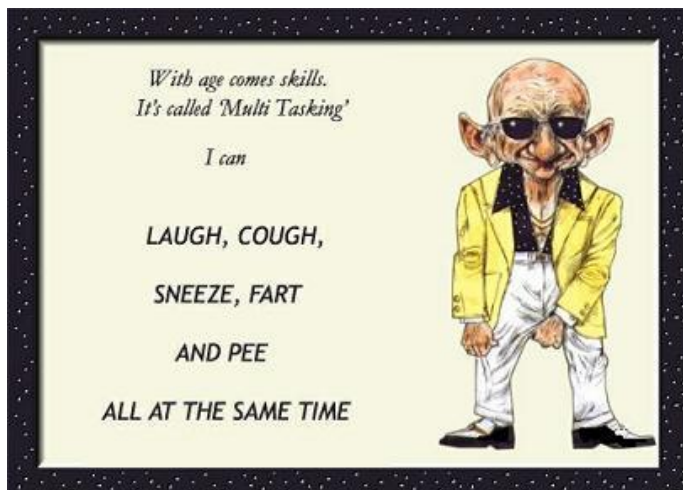


LIKE GETTING WET?

New Swimming Group has commenced – every Tuesday. Meet Bob at the Aquatic Centre Boundary Road at 11 am. Then at 1.30 pm go over the Clubroom for something to eat and drink and a chat perhaps. For more information contact Bob (0490 539 502)

HAVE A LAUGH:

One of the shortest wills ever written: "Being of sound mind, I spent all the money."



My wife was hinting about what she wanted for our upcoming wedding anniversary.

She said, "I want something shiny that goes from 0 to 150 in about 3 seconds."

So, I bought her a set of Weight Watchers electronic scales. And then the fight started.....

An OMU member goes into the Pro Shop and looks around, frowning. Finally, the Pro asks him what he wants. "I can't find any green golf balls," he complains. The Pro looks all over the shop, through catalogues, calls the suppliers only to find there are no green golf balls. As the golfer leaves, the Pro asks him, "Could you tell me why you want green golf balls?" "Well obviously, because they would be easier to find in the sand traps!"

I am quite old, so I wasn't shocked today during a thorough inspection to find that I had a grey pubic hair.

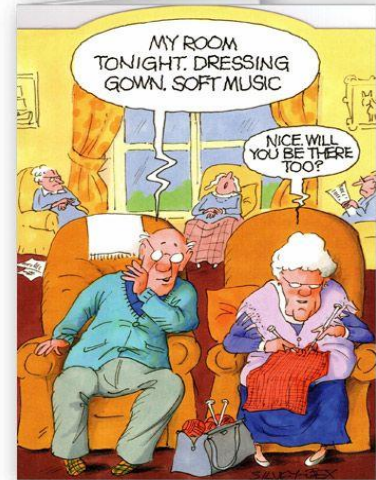
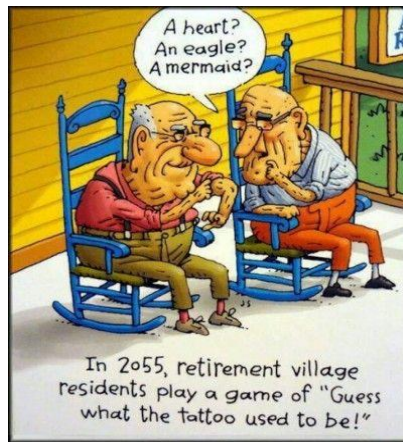
The other people on the elevator seemed pretty surprised, though.

A young man met a drover who was 104, still active and in good health. He asked the old drover what the secret was to his longevity. The old man said, "You gotta sprinkle a little gunpowder on your oatmeal every morning, see. If you do, you'll live to a nice, ripe old age." So, the young man did this religiously every day for the rest of his life, and sure enough, lived to the age of 100. When he died, he left behind 6 children, 10 grandchildren, 56 great-grandchildren and a 3-metre-wide hole in the wall of the crematorium.

An elderly woman called her husband during his drive home. "Peter, I just heard on the news that there's a car going the wrong way on Boat Harbour Drive. Please be careful!" Peter replied, "It's not just one car. There's hundreds of them!"

An elderly couple went to McDonald's and ordered a burger, fries and a drink. A man next to them saw the old man split everything in half.

He went over to the table and offered to buy them each a meal if they couldn't afford it. The old man appreciatively declined and said that him and his wife shared everything in the 40 years they were together. He went back to his own table and then noticed the old woman wasn't eating. She was just sitting there. He went back over to the couple and asked why she wasn't eating. She then said, "It's only because it's my husband's turn to use the teeth."



THANK YOU – Local businesses that support OMU. Without this support OMU would not be able to provide the level of support that we now do. This is a way that communities survive and prosper by all of us supporting each other. OMU sincerely appreciates your enthusiasm and commitment with the support you provide.

TORQUAY HOTEL
HERVEY BAY

Darren Carter
General Manager

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Torquay Qld 4655

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F: 07 4128 9376
M: 0417 797 686
darren@torquayhotelherveybay.com.au

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Want to read this Newsletter in brilliant colour? You can you know – receive it by email or go to our new web site www.omu.org.au, if you want it emailed, please let David know what your email is and you will receive it in glorious colour. "Too easy".

If you have information that you would like included in our monthly newsletter, please pass it on to David (in the office) manager@omu.org.au or phone 4128 9011. If you know of someone including yourself who would love to help out with this publication? Please contact David. Your assistance would be greatly appreciated.

NEXT MORNING TEA MEETING (AGM)
MONDAY 25TH OCTOBER 2021
10.00 AM
SEAGULLS RUGBY LEAGUE GROUND

THANK YOU – Some more local businesses that support OMU. Without this support OMU would not be able to provide the level of support that we now do. This is a way that communities survive and prosper by all of us supporting each other. OMU sincerely appreciates your enthusiasm and commitment with the support you provide.



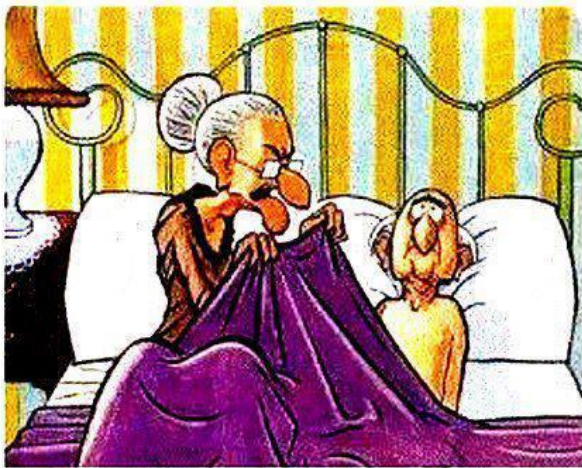
PUTTING YOUR HAND UP TO HELP?

Are you looking to put back into the community? OMU can help you achieve this if you do. We have different areas in which you can help others in your community.

OMU appreciates all of your efforts and if you would like to be part of our dynamic team of volunteers, please have a chat to John Lawrence, Col Anson or David in the office.



HAVE ANOTHER LAUGH:



The most effective way to remember your wife's birthday is to forget it once.

Two old men in a retirement village were sitting in the reading room and one said to the other, 'How do you really feel? I mean, you're 92 years old, how do you honestly feel?' 'Honestly, I feel like a new born baby. I've got no hair, no teeth, and I just wet myself.'

YOU DIDNT SAVE ANYTHING FOR RETIREMENT DID YOU??

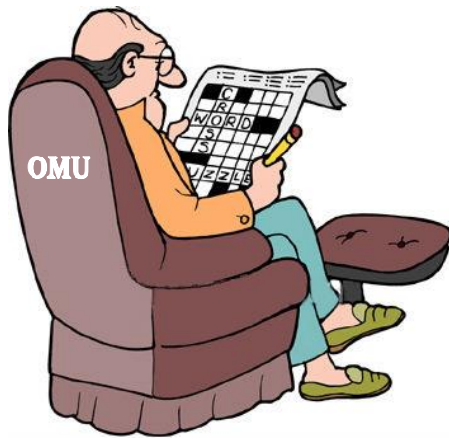
- 1) **Wife:** "I look fat. Can you give me a compliment?" **Husband:** "You have perfect eyesight."
- 2) A wife asked her husband: "What do you like most in me, my pretty face or my sexy body?" He looked at her from head to toe and replied: "I like your sense of humour!"
- 3) **Wife:** "What are you doing?" **Husband:** Nothing. **Wife:** "Nothing? You've been reading our marriage certificate for an hour. **Husband:** "I was looking for the expiration date."

BRAIN TEASERS

(Answers from last month – Inside out, upside down, Mind over Matter, Hit for six, West Indies, Safety in numbers, So easy to see and 5 years in prison)

| | | | | | | |
|-------------|----------------|----------|--|-------|--|-----|
| 1 | | 3 | | 4 | | 5 |
| <u>EXIT</u> | | L | | OFTEN | | i i |
| LEG | 2 | E HEAD O | | NOT | | o o |
| | THE DOWN MOUTH | HEELS | | OFTEN | | o o |
| | | V | | NOT | | o o |
| | | | | OFTEN | | |

Take a deep breath and relax for a couple of minutes.
See how you go this time – 21 words to find.



| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | I | S | G | G | E | R | E | T | S | A | E | C |
| H | C | S | T | I | U | C | S | I | B | T | H | H |
| O | E | L | F | F | U | R | T | A | O | O | T | S |
| C | C | P | I | H | C | C | O | H | C | P | O | E |
| G | R | R | V | S | B | D | C | O | C | P | O | R |
| N | E | O | A | E | R | P | L | K | L | I | M | T |
| I | A | T | N | D | D | A | R | K | S | N | S | N |
| D | M | E | I | D | T | A | B | C | S | G | L | E |
| D | E | I | L | E | M | A | R | A | C | H | O | C |
| U | L | N | L | O | R | C | H | O | C | C | A | T |
| P | T | B | A | B | R | U | C | C | H | K | L | F |
| D | E | S | S | E | R | T | P | O | E | S | S | O |
| C | D | E | L | D | E | L | I | C | I | O | U | S |

There are 21 words to find this time –

- | | | | | |
|----------|----------|-------------|---------|------------|
| BARS | BISCUITS | CAKE | CARMEL | CHOCOLATE |
| CHOCCHIP | DARK | DELICIOUS | DESSERT | EASTEREGGS |
| ICECREAM | MELTED | MILK | PROTEIN | PUDDING |
| PURE | SMOOTH | SOFTCENTRES | TOPPING | TRUFFLE |
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